

Additional Programmes

Activity	Day	Date	Venue	Time	Details
Fathers Event	Saturday	11 September	Peatlands Park	10.30am—2.00pm	Bus leaving St Anthony's Hall at 10.30am and beside Tesco's Lurgan at 10.45am. It will be returning at 2pm. Contact Keith.
Fathers Event	Saturday	9 October	Lurgan Park	11.00am – 1.00pm	Pumpkin Carving and play activities/arts and crafts in the park/pavilion and men's health information. Contact Keith .
Childminders Christmas Art Workshop	Tuesday	30 Nov to 14 Dec	Splash Playroom Cido	10.00am—11.00am	Contact GERALYN

ADULT EDUCATION COURSES

Pediatric First Aid Accredited Course
Time & Venue TBA

For further details please contact GERALYN/KEITH

Anyone interested in Computer Course, Essential Skills or Community Development Level 3 please contact the office to express your interest.



Would you like a Home Visit?

If you feel you would like one of our staff to visit you in your home then please contact the Splash office.

Breast Feeding Mums

Please note that we now have Breast Pumps available for use. Please contact the Health Visitors for further information.

Registered Childminding

If you are interested in becoming a Registered Childminder please contact GERALYN on 028 38313360

We are organising Splash Five-A-Side Football on a weekly basis. If you are interested in joining us please contact Keith on 028 3831 3360 or email keithc@splashsurestart.org.



PHONE TO BOOK YOUR PLACE FOR ALL PROGRAMMES

Office 3, First Floor, Legahory Centre, CRAIGAVON, BT65 5BE
Units 1 & 3, Cido Business Complex, Charles Street, LURGAN, BT66 6HG

Phone: 028 3831 3360

Splash Sure Start

Programme

September to December 2010

Splash
SureStart
Brownlow Lurgan

SPLASH PLAYROOM LEGAHORY

Day	Activity	Time	Duration	Venue	Other Info
Mon	Disability Support Group	10.00am – 11.30am	Once per month 27 Sept, 25 Oct 29 Nov, 20 Dec	Splash Playroom Legahory	Support for parents of children with disabilities. Contact Gloria
	Baby Massage	12.00pm-1.00pm	4 weeks Starts 20 Sept	Splash Playroom Legahory	Contact Lisa Morrison Suitable for 6 weeks to 8 months
	Multi Sensory Play	2.30pm – 3.30pm	6 weeks 4-18 Oct 1-15 Nov	Splash Playroom Legahory	Contact Gloria Suitable for children with disabilities only
Tues	Baby Café	10.30am – 12.00pm	Ongoing	Splash Playroom Legahory	For babies 0-1 year. Contact Health Visitors
	Splash Swimming at Brownlow Leisure Centre	3.00pm-3.30pm	2 x 5 weeks 7 Sept & 12 Oct	Brownlow Leisure Centre	Contact Keith
Wed	Playtime	9.30am – 11.00am	Ongoing	Splash Playroom Legahory	Contact Danielle. For children aged 1 – 4
	Breast Feeding Group	12.00pm – 1.00pm	Ongoing	Splash Playroom Legahory	Contact Paula
	Baby Massage	2.00pm – 3.00pm	4 weeks Starts 27 Oct	Splash Playroom Legahory	Contact Janet. Suitable for 6 weeks to 6 months
	Baby Movement	3.15pm – 4.15pm	4 weeks Starts 27 Oct	Splash Playroom Legahory	Contact Janet. Suitable for 4 months to 8 months
Thur	Ante Natal Yoga	9.30am – 10.30am	5 weeks Starts 23 Sept	Splash Playroom Legahory	Contact Janet or Anna-Louise (crèche available)
	Post Natal Yoga	9.30am – 10.30am	5 weeks Starts 4 Nov	Splash Playroom Legahory	Contact Janet or Anna-Louise (crèche available)
	Young Parents Group	11.00am – 12.30pm	Starts 16 Sept	Splash Playroom Legahory	Contact Lisa Morrison. (crèche available)
	Wibbly Wobblers	2.30pm – 3.30pm	6 Weeks Starts 7 Oct	Splash Playroom Legahory	Contact Geraldine or Jillian. Suitable for 7 months to 1 year old.
Fri	Cook It	10.00am – 12.00pm	5 Weeks Starts 3 Sept	Splash Playroom Legahory	Contact Keith (crèche available)
	Nurturing Programme (Parenting)	10.00am – 12.00pm	10 weeks Starts 8 Oct	TBC	Contact Health Visitors (Limited crèche available)
	Toy Library Drop In	2.00pm – 3.00pm	Ongoing	Splash Playroom Legahory	Contact Danielle.
	English Course for Beginners	TBC	6 weeks Starts 15 Oct	Various locations in Craigavon	Contact Agnieszka

SPLASH PLAYROOM CIDO, LURGAN

Day	Activity	Time	Duration	Venue	Other Info
Mon	Playtime	9.30am – 11.00am	Ongoing Starts 6 Sept	Splash Playroom Cido	Contact Danielle For ages 1–4 years. Strictly booking only
	Childminder's Support Group	7.00 pm	6 Sept, 4 Oct, 1 Nov, 7 Dec	Splash Playroom Cido	Contact Geralyn
Tues	Childminders Rumbles & Tumbles	10.00am-11.00am	4 weeks 7, 14, 21, 28 Sept	Lurgan Town Hall	Contact Geralyn
	Childminders Wiggles & Wiggles	10.00am-11.00am	4 weeks 5, 12, 19, 26, Oct	Splash Playroom Cido	Contact Geralyn
	Baby Massage	12.00pm-1.00pm	4 weeks Starts 5 October	Splash Playroom Cido	Contact Geralyn Suitable for 6 weeks to 8 months
	Baby Massage	2.00pm–3.00pm	4 weeks Starts 7 Sept	Splash Playroom Cido	Contact Lisa Morrison Suitable for 6 weeks to 8 months
Wed	Play Workshop	2.00pm – 3.00pm	4 weeks 5 – 26 Oct	Splash Playroom Cido	Contact Danielle. Age 1-2 years. 8 places only, booking essential
	Polish Group	10.00am-11.00am	Ongoing Starts 1 Sept	Splash Playroom Cido	Contact Agnieszka
11.30am-12.30pm					
Wed	Walking Group	11.00am – 12.00pm	6 weeks Starts 8 Sept	Meet at Splash Lurgan Park	Contact Keith or Sharon
	Baby Café	TBC	Ongoing Starts 3 Nov	TBC	Contact Health Visitors
	Young Mothers Antenatal Group	2.00pm – 3.30pm	4 weeks Starts 8 Sept	Splash Playroom Cido	Contact Paula
Thur	Wobblers Group	10.00am – 11.00am	6 Weeks Starts 23 Sept	Splash Playroom Cido	Contact Danielle For ages 1 – 2 years. Strictly booking only
	Splash Swimming at Waves Leisure Centre	12.00pm-12.30pm	2 x 5 weeks 9 Sept & 14 Oct	Waves Leisure Centre Lurgan	Contact Keith
Fri	Childminders Playtime	10.00am – 11.00 am	Ongoing starts 3 rd Sept	Mount Zion House	Contact Geralyn
	Toy Library Drop-in	2.00pm – 3.00pm	Ongoing	Splash Playroom Cido	Contact Keith
	English Course for Beginners	TBC	6 weeks Starts 3 Sept	Various locations in Lurgan	Contact Agnieszka