

Additional Programmes

Activity	Day	Date	Venue	Time	Details
Dads & Main Men Junk Art	Saturday	12 February	Lurgan Town Hall	11am—1.00pm	Junk Art & Craft with games & activities
Dads and Main Men Trip	Saturday	12 March	Armagh Planetarium	11am—2.30pm	IMPORTANT NOTE: Owing to limited places for the trip to Armagh Planetarium, only those Dads who have attended the Play Session in Lurgan Town Hall will be able to book a place to Armagh.
Weaning Talk	Monday	17 January	Splash Playroom CIDO	2.00pm-3.00pm	Advice and support
Celebrating Twins	Tuesday	8 February	Splash Playroom Legahory	2.00pm-3.00pm	For families with twins
First Aid	Tuesday	8 March	Splash Playroom Legahory	2.00pm-3.00pm	Awareness of First Aid for babies

Family Fun Day Saturday 26 March Lurgan Park

ADULT EDUCATION COURSES

Splash Sure Start and their community partners intend running the following courses for our Parents in the near future:

Essential Skills in English and Maths
Basic Computer Skills

We can also advise you of other suitable courses in the area that you may be interested in.

If you require any further information or wish to express an interest in any of these courses please contact Keith at Splash Sure Start 02838 313360 or e-mail keithc@splashsurestart.org

Boogie with Baby!



As well as being lots of fun, dancing enhances your children's motor skills, flexibility and helps develop their muscles and spatial awareness. So bring the kids of all ages, put on your best dance shoes and come enjoy a fun filled morning of music and dance.

Introduction to Basic English

Program ten ma na celu pomóc Mamusiom lub Tatusiom rozwinąć lub poprawić postępowanie się językiem angielskim w sposób praktyczny odwiedzając takie miejsca jak placówki zdrowia, banki, sklepy i inne serwisy. Jeśli jesteś zainteresowana/y praktycznym 6 tygodniowym kursem języka angielskiego zadzwoń do Splasha 02838313360 i poproś Agnieszkę lub napisz agnieszka@splashsurestart.org

PHONE TO BOOK YOUR PLACE FOR ALL PROGRAMMES

Office 3, First Floor, Legahory Centre, CRAIGAVON, BT65 5BE
Units 1 & 3, Cido Business Complex, Charles Street, LURGAN, BT66 6HG

Phone: 028 3831 3360 www.splashsurestart.org

Splash Sure Start

Programme

**January - March
2011**

Splash

SureStart

Brownlow Lurgan

BROWNLOW AREA

Day	Activity	Time	Duration	Venue	Other Info
Mon	Disability Support Group	10.00am – 11.30am	31 Jan, 28 Feb, 28 March	Splash Playroom Legahory	Support for parents of children with disabilities. Contact Gloria
	Multi Sensory Play	2.30pm – 3.30pm	10, 17, 24 Jan 7, 14, 21 Feb	Splash Playroom Legahory	Contact Gloria Suitable for children with disabilities only
Tues	Baby Café	10.30am – 12.00pm	Ongoing	Splash Playroom Legahory	For babies 0-1 year. Contact Health Visitors
	Wriggles & Wiggles	2.00pm–3.00pm	4 weeks starting 11 Jan - 1 Feb	Splash Playroom Legahory	For 2 - 4 years Contact Danielle.
	Toy Library Drop In	2.00pm–3.00pm	Ongoing	Splash Playroom Legahory	Contact Danielle
Wed	Playtime	9.30am – 11.00am	Ongoing Starting 12 January	Splash Playroom Legahory	Contact Danielle. For children aged 1 – 4
	Breast Feeding Group	12.00pm – 1.00pm	Ongoing	Splash Playroom Legahory	Contact Paula
	Play Workshop	2.30pm–3.30pm	4 weeks starting 2 March -23 March	Splash Playroom Legahory	Contact Danielle. For children aged 2-4
Thur	Ante Natal Yoga	9.30am – 10.30am	5 weeks starting 13 Jan – 17 Feb	Splash Playroom Legahory	Contact Health visitors (crèche available)
	Post Natal Yoga	9.30am – 10.30am	5 weeks starting 3 March- 31 March	Splash Playroom Legahory	Contact Health visitors (crèche available)
	Baby Massage	11.00am – 12.00pm	4 weeks starting 20 Jan – 10 Feb	Brownlow Leisure Centre	Contact Lisa Morrison
	Wibbly Wobblers	11.30am–12.30pm	10 February – 24 March	Splash Playroom Legahory	Contact Jill or Geraldine
	Fathers Five-a-side Football	7.00pm–8.00pm	6 Jan – 10 March	Brownlow Leisure Centre	Contact Keith
Fri	Dad's Cooking Course	10.00am – 1.00pm	4 weeks 25 March- 15 April	Splash Playroom Legahory	Contact Keith (crèche available)
	Boogie with Baby	11.00am–12.00pm	6 weeks starting 14 Jan – 18 Feb	St Anthony's Hall	Dancing for the whole family Contact Keith

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LURGAN AREA

Day	Activity	Time	Duration	Venue	Other Info
Mon	Playtime	9.30am – 10.30am	Ongoing starting 10 Jan	Splash Playroom Cido	Contact Danielle For ages 1—4 years. Strictly booking only
	Playtime	11.00am–12.00pm	On going starting 10 Jan	Splash Playroom Cido	Contact Danielle For ages 1—4 years. Strictly booking only
	Sociable Baby	2.00pm – 4.00pm	8 weeks 31 Jan – 21 March	Splash Playroom Cido	Contact Health Visitors
	Childminder's Support Group	7.00 pm	10 Jan, 7 Feb, 7 March	Splash Playroom Cido	Contact GERALYN
	Accredited Paediatric First Aid Training	6.30pm–9.30pm	1,8,15,22 Feb	Splash Playroom Cido	Contact GERALYN
	Quality First Support Group	6.30pm	24 Jan 21 Feb, 21 March	Splash Playroom Cido	Contact GERALYN
Tues	Childminders Rumbles & Tumbles	10.00am–11.00am	11,18,25 Jan, 1 Feb	The Links Castle Lane, Lurgan	Contact GERALYN
	Childminders Play Workshops	10.00am–11.00am	22 Feb 1, 8, 15 March	Splash Playroom Cido	Contact GERALYN
	Baby Massage	12.00pm – 1.00pm	4 weeks 25 Jan – 15 Feb	Splash Playroom Cido	Contact GERALYN
	Baby Movement	2.00pm–3.00pm	4 weeks starting 8 Feb – 1 March	Splash Playroom Cido	Contact Health Visitors
	Toy Library Drop - In	2.00pm—3.00pm	Ongoing	Splash Playroom Cido	Contact Keith
	Rumbles & Tumbles	2.30pm – 3.30pm	4 weeks starting 8 Feb – 1 March	The Links Castle Lane, Lurgan	Contact Danielle For ages 2-4 years
	Ante natal Parents Group	7.00pm—9.00pm	6 weeks starting 15 March -19 April	Splash Playroom Cido	Contact Keith or Anna Louise
	Wed	Polish Group	10.00–11.00 11.30–12.30	Ongoing	Splash Playroom Cido
Baby Café		10.30am–12.00noon	Ongoing	The Links Castle Lane, Lurgan	Contact Health visitors
Young Mothers Ante Natal Group		2.30pm–4.00pm	4 weeks starting 5 Jan – 28 Jan	Splash Playroom Cido	Contact Paula
Thur	Childminders Playtime	9.30am–10.30am	Ongoing	Splash Playroom Cido	Contact GERALYN
	Wobblers	11.30am – 12.30pm	6 weeks starting 17 Feb – 24	Splash Playroom Cido	Contact Danielle For ages 1-2 years
Fri	Post – Natal Depression Group	10.00am–12noon	8 weeks starting 21 Jan – 11 Mar	Splash Playroom Cido	Contact Health visitors Creche available

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